

Central Queens Pastoral Charge  
United Church of Canada  
January 29, 2023 – 10:30 am

Fourth Sunday after Epiphany

Health and Human Service Sunday

Central Queens' Mission Statement

*Central Queens United Church is a loving and living community called to support the life stages of all people, celebrating joy and sharing in pain. Through faith and fellowship, we are united by God's love to live and serve as Disciples of Christ.*

Gathering for Worship

Prelude

Welcome & Announcements

Birthdays & Special Occasions

Lighting of the Christ Candle

Quiet Preparation for Worship

Bible Presentation

\*Introit                      What Does the Lord Require of You                      VU #701

\*Call to Worship

O Foot Washing God, who bends down,  
**who comes prepared with water and linens,**  
who first loved us, so that we may know how to love,  
**we gather here in your Spirit of service.**  
You taught us how no one is greater than the other,  
**no messenger outranks the sender.**  
And so, we come to worship both as givers and receivers,  
**the washers and the washed.**  
We unite at the basin and the table, finding the grace only you  
can give,

\*Call to Worship (continued)

**to embolden us to go and do likewise.**

On this Health and Human Service Sunday, let us wrap our towels  
around our waists,

**ready to partake in communal care.**

Let us root ourselves in ritual, steadying us for the Good News at  
hand,

**and the beginnings of healing yet to come. Amen.**

\*Hymn                              Come Touch Our Hearts                              MV #12

Prayer of Approach

**Spirit of Extravagant Welcome, help us to invite all parts of  
ourselves into worship today. Guide us to see no stranger  
within us or around us as we care for our world as the Body of  
Christ. Help us to break down all barriers to belonging and the  
systems sustained by suffering and greed. For, in discipleship,  
there is abundance through togetherness and your acceptance  
of all we feel, carry and desire. So, today, and on any given  
Sunday, use all that we come here with to build a sanctuary for  
you.**

*With Jesus, we share in the ancient prayer...*

Responsive Reading – Psalm 15                              VU #736

\*Hymn                              God of the Sparrow                              VU #229 vs 1-4

All God's Children

\*Hymn                              God of the Sparrow                              VU #229 vs 5 & 6

*Children may retire to Sunday School*

Call to Transformation and New Life

## Prayer for Transformation and New Life

In the beginning was the Word, but also the Conversation,  
**a way of being through relating, knowing and witnessing.**  
Made in your image, we come to confess, but even more so to  
converse—

**to bring you our woes and wrongdoings, our soul-searching and  
longing for deeper understanding.**

Like Paul, we don't always do the things we want to do, but  
rather the things we hate.

**Help us to reflect on how we got to this moment and what  
might need healing in us.**

Ignite our hearts with the courage to apologize, to center the  
care of those we've caused harm.

**Sift through our ramblings on how to repair, to find methods of  
mending that honour complexity and boundaries.**

And journey alongside us as we change our ways, to make  
discipleship a practice,

**as we learn, and re-learn, through conversation with you.  
Amen.**

## Assurance of God's Unending Love

### Presentation of Our Gifts

## Invitation to Generosity

## Offertory

**\*Presentation of Offering**            You Nourish Us            VU #545

## \*Offertory Prayer

The friendship of Christ is with you!

**And also with you!**

Let us present our acts of service as an offering to our God.

**And our hearts and minds to be opened.**

O Spirit within community,

**in you may our offering be fruitful.**

Through the basin and towel, you show us the Gospel.

## \*Offertory Prayer (continued)

**Through the bread and the cup, you feed us the Good News.  
We are the Body of Christ. Amen.**

## Listening for the Word

### Sacred Scripture

**Micah 6:1-8**

**Matthew 5:1-12** *Beatitudes for Essential, A Paraphrase*

### Anthem

### Sermon

### Reflective Music

### Prayers of Thanksgiving and Intercession

## Responding to the Word

**\*Hymn**            Christ Has No Body Now but Yours            MV #171

### \*Blessing

**\*Choral Benediction**            Dance with the Spirit            MV #156

### Postlude

\* Please stand as you are able

### Ministers

All of us

### Clergy

**Rev Greg Davis**

### Office Hours

Tuesday, Wednesday & Thursday  
9 am – 12 pm

### Office Phone

902-964-2291

### Email

[minister@cquc.ca](mailto:minister@cquc.ca)

### Ministry of Music

**Kirk Neville**

### Website

<https://cquc.ca/index.htm>

### Phone

902-786-9222

### Email

[nevillejk@hotmail.com](mailto:nevillejk@hotmail.com)

### Church Office

Office Hours            Wednesday & Thursday  
                                 9 am – 12 pm  
Phone                    902-964-2221  
Email                    [office@cquc.ca](mailto:office@cquc.ca)

**A Warm Welcome to All** – We are delighted you have joined us. May God’s word today strengthen your faith, inspire curiosity and learning, and motivate your service of others. All are welcome.

### Life and Work of Our Church

**Greg’s Office Hours:** Tuesday, Wednesday, and Thursday from 9 am – 12 pm. If anyone is in the hospital or would like a visit from Greg, please call him at 902-964-2291. If you wish to meet with Greg outside the scheduled hours, please call 902-964-2291 or email [minister@cquc.ca](mailto:minister@cquc.ca) for an appointment.

**In-Church Services:** Masks are recommended but not required.

**FundScrip** –The next order date is Sunday, February 5<sup>th</sup>. You can reach Janet Howes by email [jhowes1969@gmail.com](mailto:jhowes1969@gmail.com) or by phone or text (902-393-1527). E-transfers accepted.



**Sunday Worship Cancellations** – In the event of inclement weather, an announcement will be made by radio on Ocean 100 by 9 am. It will also be posted on our website and Facebook page if our church service is cancelled.

**Annual Meeting** – Our Annual Meeting will be held today after the worship service. Be sure to join us for a time of fellowship before our annual meeting.

**Church Calendar Fund-Raiser** – We have a few extra calendars this year. Anyone interested in having one can pick them up at the church office. Cost is \$10 each.

**Bulletin Deadline** – Deadline for items to be placed in the bulletin is **Wednesday** evening. Bulletin items can be emailed to [office@cquc.ca](mailto:office@cquc.ca)

**Food Bank** – Please remember to support the Food Bank with non-perishable food items. You can drop them off any Sunday or during church office hours in the wooden box at the church entrance.

**Bookworms United** will meet this Wednesday, February 1<sup>st</sup>, at the church. We will be discussing **The Thursday Murder Club** by Richard Osman. Please bring a title (and author) of a book that you think might be a good read. Coffee at 9 am and book discussion will be from 9:30 – 10:30 am. Please note earlier start time. All are welcome.

**E-Transfers** – Central Queens United Church is set up to accept E-Transfers. If you prefer to give your offerings through E-Transfer, please send via email to [veldabertram@gmail.com](mailto:veldabertram@gmail.com).

**Scent-Free** – “No scents make good sense”

Please refrain from wearing scented products such as perfume, cologne, and fragrant personal care products as they can trigger serious health issues for those with fragrance allergies. Thank you for your cooperation so that everyone can attend our church.

**Weekly Bulletins** can be sponsored by you in celebration or remembrance of a loved one. There is a signup sheet on the table at the back of the sanctuary. Cost is \$20.00.

**Central Queens Emmaus Walkers** is on pause. Stay tuned for when they will resume.

**Pop Can Pull Tabs** – Remember your pull tabs!! George Mason is collecting pop can pull tabs which are then given to the Daughters of the Nile women’s organization. The funds go to the Shriners Hospital in Montreal where they are used to buy reading materials for children in the hospital. Your pull tab collections can be dropped off at the church. Thank you.

**Puzzle Exchange** – There is a cart in the foyer with lots of jigsaw puzzles. Help yourself to a puzzle and/or bring one for someone to do. Making puzzles is a wonderful winter activity.